**COVID-19 is primarily spread from person to person and is highly contagious**

**Steps below can contain the spread of COVID-19**

1. Only authorized individuals are allowed in the housing.
2. Limit physical contact and interactions with each other. Do not hug or shake hands. When possible, remain 6 feet apart from one another.
3. When not alone, wear a cloth that covers your face and mouth.
4. Wash your hands thoroughly with soap for at least 30 seconds after you use the restroom, before and after preparing food and after using tissue to contain a sneeze or a cough, before you leave home and right after you get home.
5. Do not touch your eyes, nose and mouth throughout the day.

**SEEK MEDICAL ATTENTION IMMEDIATELY**

1. Do not share personal items: cell phones, dishes, drinking glasses, cups, eating utensils, towels, or bedding.

**Emergency warning signs** **for COVID-19\*:**

• Trouble breathing

• Persistent pain or pressure in the chest

• New confusion or inability to arouse

• Bluish lips or face

\*This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or

concerning.

1. Do not use other employee’s tools or harvesting equipment.
2. Bathroom and handwashing facilities must be cleaned and sanitized each day. If not, immediately inform your supervisor.
3. At least once a day clean and disinfect phones, remote controls, counters, tabletops, doorknobs, bathroom fixtures, toilets, keyboards, tablets, and bedside tables.
4. Inform your supervisor immediately if you have a fever, cough or shortness of breath. Do not leave the housing area and do not visit public areas. Your supervisor will assist you with seeking medical care from local health authorities.
5. Use a tissue to cover your mouth and nose when coughing or sneezing and dispose of it in a lined trash bin. Wash your hands with soap after each use of a tissue.